

## WHO CAN PARTICIPATE?

Students, Research Scholars, Faculty Members, NGO Professionals, Practitioners & Health Workers

## REGISTRATION FEE

### For Presentation

- Students : Rs. 200/-
- Research Scholars / Academicians: Rs. 500/-
- Others : Rs. 1000/-

### For Participation Only - Rs. 200/-

## REGISTRATION LINK :

<https://forms.gle/Tocz274vDyXv9iuZ9>

## PAYMENT LINK

<https://rzp.io/rzp/WOL38y5>



## JOIN THE MOVEMENT

"Speak Up | Wake Minds | Change Lives"

## ORGANIZING COMMITTEE MEMBERS

### CHIEF PATRON

**Dr. R. Vasanthakumar**  
President  
Karpagam Charity Trust

### PATRONS

**Shri. K. Murugaiah**  
Chief Executive Officer  
Karpagam Educational Institutions

**Dr.S.Ravi**  
Vice-Chancellor,  
Karpagam Academy of Higher Education

**Dr.B.V.Pradeep**  
Registrar  
Karpagam Academy of Higher Education

Deans from various faculties

## CONVENERS

**Capt. Dr. K. P. Sridhar**  
Head - CFIR

**Dr. A. Dharmaraj**  
Director  
Extension Programme Committee & NSS Co-Ordinator

## ORGANIZING SECRETARY

**Lt. Dr. S. Nithya**  
NCC Officer & Activity Co-Ordinator, SDG & MHM Centre

## EXECUTIVE COMMITTEE MEMBERS

**Dr. M. M. Shanmugapriya**  
Convener  
Gender Sensitization Cell

**Dr. S. Jegadeeswari**  
Convener  
Anti-Discrimination Committee

**Dr. S. Baskar**  
Centre for Interdisciplinary Research

**Dr. M. A. Rathi**  
Convener  
Women Empowerment Cell

**Dr. K. Gayathri**  
Member Women Empowerment Cell

**Dr. K. Veerasamy**  
Member UBA & NSS Programme Officer

**Dr. V. Reka**  
NSS Program Officer

**Mr. S. Prabhu**  
Member of Youth Red Cross & NSS Program Officer

**Mrs. N. Nithya**  
NSS Programme Officer

**Mr. R. Thamodiran**  
Member Universal Human Values.

Members of Women Empowerment Cell  
Members of Anti-Discrimination Committee  
Members of YRC & UBA  
Members of Gender Sensitization Cell  
Members of Extension Programme Committee



## KARPAGAM ACADEMY OF HIGHER EDUCATION

(Deemed to be University)  
(Established Under Section 3 of UGC Act, 1956)  
(Accredited with A+ Grade by NAAC in the Second Cycle)  
(ISO 9001:2015 & ISO 14001:2015 Certified)



## Centre for Menstrual Hygiene Management & National Cadet Corps

In association with  
National Service Scheme,  
Centre for Sustainable Development Goals,  
Women Empowerment Cell, Gender Sensitization Cell &  
Anti-Discrimination Cell

### Organizing

## NATIONAL CONFERENCE

on

## Menstrual Hygiene : Breaking Barriers, Building Awareness (Hybrid Mode)

## In Observance of Menstrual Hygiene Day

Date : 10 July 2026  
Venue : MBA Seminar Hall, KAHE.

### PARTNERSHIP FOR THE GOALS



## ABOUT THE INSTITUTION

KAHE Karpagam Academy of Higher Education established under Section 3 of UGC Act, 1956 is approved by Ministry of Human Resource Development, Government of India. Promoter Dr. R. Vasanthakumar is the president of Karpagam Charity Trust and he is a Philanthropist, Industrialist, Entrepreneur and Culture Promoter. Contemporary infrastructure, Modern teaching methodologies, Career oriented training, excellent placements and the finest faculty have always been Karpagam's hallmark. Besides technical expertise, Karpagam Academy of Higher Education has made a mark since its inception by developing communication and soft skills, ensuring enlightening knowledge, extending holistic education and creating a strong value system. Today, with strength of 11000 students and 750 teaching & non-teaching staff, Karpagam Academy of Higher Education is setting new benchmarks in the educational sphere.

## ABOUT THE CONFERENCE

Menstrual hygiene remains a vital public health, education and gender equity concern. Despite increasing awareness, many individuals continue to face stigma, poor sanitation access, lack of affordable products and misinformation. This National Conference seeks to bring together educators, healthcare professionals, policymakers, NGOs, academicians, researchers, and students to encourage informed dialogue and practical solutions to menstrual myths.

## OBJECTIVES

- To raise awareness about menstrual hygiene and health
- To break myths and social taboos
- To promote safe and sustainable practices
- To encourage policy dialogue and engagement
- To provide a platform for research and innovation

## Major Theme

**Empowering Women through Menstrual Health Education and Access**

### THRUST AREAS (but not limited to)

- Menstrual awareness and education in India
- Access to affordable menstrual products
- Menstrual Health and Hygiene Practices
- Sustainable menstrual solutions & waste management
- Sanitation and hygiene infrastructure
- Government policies and schemes
- Innovation, technology & community-based models
- Menstrual Awareness and Education
- Health, Hygiene and Wellbeing
- Water, Sanitation and Hygiene Infrastructure
- Education, Attendance and Learning Outcomes
- Rural, Tribal and Marginalized Communities
- Government Policies and Institutional Frameworks
- Innovation, Technology and Digital Health
- Menstrual Health in Workplaces and Public Spaces
- Humanitarian and Crisis Contexts
- Partnerships, Community Action and Capacity Building
- Research, Metrics and Future Directions

### SPEAKERS

1. **Dr. R. Sujatha**  
Senior SDG Consultant  
Government of Tamil Nadu  
(Planning & Development Department)

2. **Mrs. A. Pavithra**  
Founder, Znap Empower

## CALL FOR PAPERS & POSTERS

Students, research scholars, faculty members, academicians, and practitioners are invited to submit:

- Original Research Articles
- Case Studies
- Field Reports

### SUBMISSION GUIDELINES

- Abstract: 250–300 words
- Full Paper: 3000–5000 words
- Font: Times New Roman, 12 pt
- Line Spacing: 1.5
- Referencing Style: MLA (8th Edition)
- Original & Unpublished Work Only

### PUBLICATION OPPORTUNITY

- Abstracts will be published in the conference proceedings, and you will receive the soft copy after the Conference.
- High-quality research papers may be recommended for publication in peer-reviewed or Edited Book Chapters based on the standard of content

\*Conditions are applicable

### IMPORTANT DATES

- Registration starts : 28<sup>th</sup> May 2026
- Abstract Submission Deadline : 10<sup>th</sup> Jun 2026
- Acceptance Notification : 13<sup>th</sup> June 2026
- Full Paper Submission : 20<sup>th</sup> Jun 2026
- Conference Date : 10<sup>th</sup> Jul 2026